



OUR LADY OF LOURDES CHURCH

One Eagle Rock Avenue, West Orange, New Jersey 07052
RECTORY/Parish Office 973.325.0110 LOURDESWESTORANGE.ORG



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Sunday, March 9, 2025 – First Sunday of Lent



Mass Schedule @ Main Church

Saturday Evening, 5:30 pm

Sunday Morning, 7:30, 9:30, 11:30 am

Confessions, Saturday 4:15 - 5:00 pm or
anytime by appointment

Weekday Morning Mass

Monday - Friday

8:30 am @ MAIN CHURCH

Monday 8:30 am Mass
with Miraculous Medal Novena

Served By:

Rev. James Ferry, Pastor
Rev. James N. Chern, Weekend Assistant
Rev. Robert K. Suszko, Weekend Assistant
Mrs. Linda Chapman, Director of Music
Mrs. Mary Cassels, Trustee
Mrs. Eileen Reilly, Trustee

RECTORY/Parish Office: 973.325.0110

Fax: 973.325.9105

Email: ollwonj@verizon.net

Website: lourdeswestorange.org

RECTORY/Parish Office Hours:

Monday - Friday 9:00 am - 2:00 pm

Religious Education

Family Catechesis (Grades 1-6)

Ms. Priscilla Castro 973.325.0110

Email: Priscillacastro@lourdeswestorange.org

Religious Education

Sacrament of Confirmation (Grades 7-12)

Mr. Paul Hirsch 973.325.0110

Email: Confirmation.Class@lourdeswestorange.org

Religious Education

Administrative Assistant

Rhea Catarroja 973.325.0110 ext. 102

Email: rhea.catarroja@lourdeswestorange.org

Sacrament of Baptism

Celebrated *usually* the first Saturday of the month. Parents are required to meet with Father Jim Ferry. Please call RECTORY.

Sacrament of the Sick

Administered in an emergency at any time. Please call RECTORY when someone is ill or admitted to the hospital.

Sacrament of Marriage

Engaged couples are asked to make their arrangements one year in advance of their wedding. Please call RECTORY for an appointment with a priest.

First Friday

5:30 pm – 7:30 pm. There is 1st Friday Adoration during the “Fall” months of September, October, November and December and the “Spring” months of March, April, May and June.

Peace and Good Corner Gift Shop

Religious articles, books and cards are available for purchase inside the church before and after all Masses or by appointment. Contact RECTORY.

New Parishioners

Welcome to Our Lady of Lourdes. Please register at RECTORY or call for registration forms.

MISSION STATEMENT *The people of God in West Orange were called by the Holy Spirit in 1914 to form Our Lady of Lourdes Parish, a community centered on Jesus Christ. The Holy Spirit remains with us today as we continue our journey to God. We are inspired by the Gospel of Jesus Christ, nourished by the Eucharist, called to respect life and proclaim our Catholic faith. We serve God by providing spiritual, educational, and social activities for our parish family as well as extending God's love and compassion to serve the greater community.*



Dear Brothers & Sisters of Our Lady of Lourdes,

Dear Friends,

I hope and pray this season of Lent is a blessing to you. I share with you this [abridged] article from Crossroads Initiative and a statement about the obligations of fasting and abstinence after this article.

(Source: <https://www.crossroadsinitiative.com/media/articles/forty-days-lent/>)

40 Days of Lent – Temptation of Christ in the Wilderness

Dr. Marcellino D'Ambrosio

The word "Lent" comes from the "lengthening" of daylight hours as we progress from winter to spring. But other languages, such as Spanish, have a name for this season that is derived from the word for forty. It is the season of the forty days.

Prelude to New Birth

It is forty weeks that a woman carries her developing baby before a new life can come forth from the womb.

All these "forties" are a necessary and not-so-comfortable prelude for something new. In Noah's case, it's the rebirth of a sinful world that had been cleansed by raging flood waters. In Moses' case, it was the birth of the people of the covenant. For the nomadic Israelites, it was the start of a new, settled existence in the Promised land.

And Jesus Christ? What did his forty days in the wilderness signify? The imminent birth of a new Israel liberated from sin, reconciled to God, and governed by the law of the Spirit rather than a law chiseled in stone.

The Slave Master resists Liberation

But think back to the story of Moses and the Israelites. There was someone who did not want them to go out into the desert to offer sacrifice to their God. Pharaoh did not take the loss of his cheap labor lying down. When Jesus begins his mission of liberation, there is another slave master who is no more willing than Pharaoh to let his minions go without a fight.

Since the sixties, it has been fashionable in some quarters to dismiss the devil as a relic of ancient mythology or medieval fantasy. The guy with the pointy tail and the pitchfork comes in handy in cartoons and costume parties, but how can we take such an image seriously? In the Bible, they say, let's read "Satan" merely as a symbol of human evil.

The true Enemy & His Tactics

Such a view is clearly at odds with Scripture, Tradition, and recent teaching of the Magisterium. Our battle is not against flesh and blood, says St. Paul. If you don't know your enemy and his tactics, you are bound to lose.

The temptation of Christ in the desert shows us the tactics of the "Dark Lord." Bread, a symbol for all that sustains our physical life, is a great blessing. But Satan tries to make material things the ultimate, distracting us from a deeper hunger and a more enduring food.

Political power and all leadership is intended by God for the sake of serving the common good; Satan twists things to make leaders self-seeking, oppressive tyrants like himself. The lust for power and fame ironically leads not to dominion but to slavery to the Dark Lord (remember what happened to the Nazghoul in *The Lord of the Rings*).

Then there's religious temptation, the trickiest of them all—Manipulating God for our own glory, using his gifts to make people look at us rather than at Him. Sounds a lot like the Pharisees.

Jesus Triumphs

Jesus triumphs in this first wrestling match. He shows us how to keep from being pinned. Fasting breaks undue attachments to material blessings and stimulates our spiritual appetite. Humble service breaks the stranglehold of pride. The reverent worship of authentic faith breaks the fullelson of superstition, magic, and all arrogant religion. And the word of God is shown as the sword of the Spirit, the secret weapon that slashes through the enemy's lies.

Lent – Breaking the Strongholds

Time to use the tactics modeled by our captain and break the strongholds. Prayer, fasting, humble service. The heavenly bread of the Eucharist and the Word of God. If we make use of them diligently during this season, pregnant with possibilities, we can enter into greater freedom. Darkness can give way to increasing light. Something new and wonderful can be born in us.

2025 Lenten Regulations

The days of both Fast and Abstinence during Lent are Ash Wednesday and Good Friday. possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus, and to prepare The other ourselves to share more fully and to celebrate more readily His Resurrection. Fridays of Lent are days of Abstinence.

On a day of Fast, only one (1) full meal is permitted, and two (2) smaller meals, which, if added together, would not exceed the main meal in quantity.

Those between the ages of 18 and 59 are obliged to fast. On a day of Abstinence, no meat may be eaten. Those who have reached the age of 14 are obliged by the law of abstinence. The obligation to observe the laws of Fast and Abstinence "substantially", or as a whole, is a serious obligation.

The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.

The time for fulfilling the Paschal Precept (Easter Duty*) extends from the First Sunday of Lent, March 9 to The Solemnity of the Most Holy Trinity, June 15, 2025.

**Easter Duty: Canon 920, §1. All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year.*

In Christ's Peace

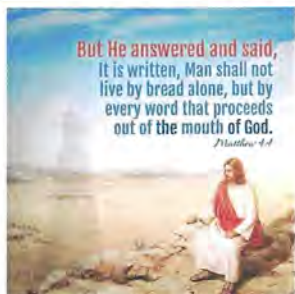
Father Jim Ferry

OUR LADY OF LOURDES MARCH 9, 2025



SATURDAY, 8 MARCH 5:30 pm Peggy Ann Mooney
SUNDAY, 9 MARCH 7:30 am People of the Parish 9:30 am JoAnne Chiamonte (2nd Ann.) 11:30 am People of the Parish
MONDAY, 10 MARCH 8:30 am Robert Croland
TUESDAY, 11 MARCH 8:30 am John Douglas Pflug
WEDNESDAY, 12 MARCH 8:30 am Frank Cinexi
THURSDAY, 13 MARCH 8:30 am James Cham
FRIDAY, 14 MARCH 8:30 am Costantino Donato
SATURDAY, 15 MARCH 5:30 pm Catherine Donoghue
SUNDAY, 16 MARCH 7:30 am People of the Parish 9:30 am Robert D'Acunto 11:30 am Mass will not be held today.

SUNDAY, 9 MARCH 7:30 am Mass 8:30—11:30 am Knight's of Columbus Pancake Breakfast (Hall) 9:30 am Mass 10:30—11:30am 1st Communion Class (Chapel) 11:30 am Mass 11:30 am—2:00 pm G.7-12 (OLLC) (HALL) ATTENDANCE IS MANDATORY
MONDAY, 10 MARCH 8:30 am Daily Mass will be held Monday thru Friday of each week in church. Miraculous Medal Novena following 8:30 am Mass on Monday.
THURSDAY, 13 MARCH 10:00 am Deadline for News & Announcements for the Mar. 23rd Bulletin. Call the Rectory at 973-325-0110
SATURDAY, 15 MARCH 4:15—5:00 pm Confessions in Church 5:30 pm Mass
SUNDAY, 16 MARCH 7:30 am Mass 9:30 am Mass



11:30 am Mass will not be held today.



And Jesus answered: It also says,

Do not put the LORD your God to the test...



WEEKEND MARCH 15-16 2025			
Mass	Lectors	Eucharistic Ministers	
5:30 pm	Michael Lanfrank	Eileen Reilly Judy Albore (c)	
7:30 am	Mary Cassels	MaryEllen Chandler	
9:30 am (Choir)	Kathy Petrillo	Annette Chiamonte Joe Petrillo (c)	
11:30 am	NO MASS PARADE	NO MASS PARADE	

Prayers Needed

Artemis Soleil Benitez	Beverly McAllister
Judy Bernarducci	Robert Santangelo
Oscar Diaz	Pio Tortola
Mai Fernandez	Peggy Vassallo
Langan Family	

If you wish to have a friend or loved one prayed for, please call the Rectory at 973-325-0110.

Church Capital Investment Fund Raffle

CONGRATULATIONS TO THE RAFFLE WINNERS

March 1, 2025
 \$500 winner of 1st Drawing:
DIANNE M. REILLY

\$500 winner of 2nd Drawing:
REGYNALD HEURTELOU

**KNIGHTS OF COLUMBUS
 WEST ORANGE COUNCIL #5519**

Pancake Breakfast



Sunday, 9th of MARCH 2025
8:30 am - 11:30 am
CONNOR HALL
 \$10 DONATION - ADULTS AND CHILDREN 13 & OVER
 \$5 CHILDREN 6-12
 (No charge for any child 5 & under)

Pancakes, sausage, eggs, juice, and coffee will be served.

Please make plans for you and your family to attend. All proceeds will go towards supporting local charities in the West Orange area.

PARISH GIVING

FISCAL YEAR STARTING JULY 2024


WEEKLY GOAL	\$ 6800
Collection*: 2-15/2-16, 2025*	\$ 4902
Deficit:	\$ 1898

*Includes Online Giving Weekly Average

 *For Your Stewardship of Time, Talent and Treasure.*

St. Vincent DePaul Society

St. Vincent DePaul Society is hosting **Christine's Soup Kitchen** on **Saturday, 3/15/2025** for Holy Trinity Episcopal Church. As of now the soup kitchen is operating on a to-go-lunch basis. Lunches are prepared ahead of time and will be dropped off at Holy Trinity on the morning of 3/15/2025 so you will not have to serve at the soup kitchen itself. If anyone is interested in preparing or purchasing needed items please call Rosanne Bruno at 973-243-0679, or e-mail her at travisb23@juno.com.




This Easter, Give Your Gifts Online

IT'S SAFE. IT'S SIMPLE. IT'S CONVENIENT.

Support Our Lady of Lourdes today using your debit, credit cards, checking, or savings accounts.

- 1 Visit www.lourdeswestorange.org and click Give Online.
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Lent - Sacrifice - Donation Bins - Any Connection



Catholic Charities of the Archdiocese of Newark
 Mount Carmel Guild Behavioral Health System
 Mount Carmel Guild Schools

Lent is a time of sacrifice in order to bring us closer to Christ. As we move closer to Christ, we become more charitable. Would you be willing to sacrifice your time and efforts to go through your closet and donate any unwanted items to the Catholic Charities Donation Bin(s) located on the property?
If you do, you have made the connection.

2025 St. Joseph Novena
Calendar: March 11 – March 19
Visiting Speakers, "Retreat in 9 nights"
Come any night or every night!



Tues., Wed., Thurs., March 11, 12, 13	7 pm
Friday March 14	7 pm (Living Stations of Cross)
Saturday March 15	5:30 pm Mass
Sunday March 16	7 pm
Mon., Tues, March 17, 18	7 pm
Wednesday March 19	8:30 am Morning Mass 7 pm Evening Mass

Also Visit LOURDEWESTORAGE.ORG
 Click "**Parish YouTube**" to pray from home !



Videos posted 2 hours after each event



Lenten Meditation Packets

Please pick up a Lenten Meditation Packet prepared by the 6th Grade Religious Education Class. They will be available near the Peace & Good entrance.

By PresentationPRO



Sunday, March 9th

Daylight Saving Time Begins

SET YOUR CLOCK ONE HOUR FORWARD BEFORE GOING TO BED SATURDAY NIGHT

Sunday, March 16th

St. Patrick's Day Parade
No 11:30am Mass

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